



CERTIFICATE OF PARTICIPATION

This is to certify that

Jared Strydom

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 04:34:41

PACE 06:31/km

GENDER 204 of 563

OVERALL 259 of 834

SENIOR (20- 122 of 39) 291



08 July 2023, Sat

Date

BoutTime

Signature